

Hypersensitivity reactions to HIV therapy

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Many drugs used for the treatment of HIV disease (including the associated opportunistic infections) can cause drug hypersensitivity reactions, which vary in severity, clinical manifestations and frequency. These reactions are not only seen with the older compounds, but also with the newer more recently introduced drugs. The pathogenesis is unclear in most cases, but there is increasing evidence to support that many of these are mediated through a combination of immunologic and genetic factors through the major histocompatibility complex (MHC). Genetic predisposition to the occurrence of these allergic reactions has been shown for some of the drugs, notably abacavir hypersensitivity which is strongly associated with the class I MHC allele, HLA-B*5701. Testing before the prescription of abacavir has been shown to be of clinical utility, has resulted in a change in the drug label, is now recommended in clinical guidelines and is practiced in most Western countries. For most other drugs, however, there are no good methods of prevention, and clinical monitoring with appropriate (usually supportive and symptomatic) treatment is required. There is a need to undertake further research in this area to increase our understanding of the mechanisms, which may lead to better preventive strategies through the development of predictive genetic biomarkers or through guiding the design of drugs less likely to cause these types of adverse drug reactions.

Introduction

There are currently 22 antiretroviral drugs available in the UK which can be used in combinations of three or more drugs. Such combinations are known as highly active antiretroviral therapy (HAART) [1,2]. There are currently six groups of agents comprising nucleoside reverse transcriptase inhibitors (NRTIs), non nucleoside reverse transcriptase inhibitors (NNRTIs), protease inhibitors (PIs) and three new groups, namely entry inhibitors (fusion inhibitors and CCR5 inhibitors) and integrase inhibitors (Table 1). HAART is effective and has led to decreases in mortality and morbidity from HIV [3]. However each of these drugs has a potential to cause serious adverse effects, including allergic reactions, as outlined in Table 2. The purpose of the article is to provide a succinct review of drug hypersensitivity associated with HAART, including the epidemiology, pathophysiology and management.

General features of drug hypersensitivity in HIV

Skin reactions are the most common manifestation of drug hypersensitivity. These may present with exanthema

without systemic symptoms or drug hypersensitivity syndromes typically manifesting as an erythematous, maculopapular confluent rash (Figure 1) with constitutional features (fever, rigors, myalgias, and arthralgias) in the presence or absence of internal organ involvement (hepatitis, pneumonitis, myocarditis, pericarditis and nephritis). The constitutional symptoms can either precede the rash or occur without it. Eosinophilia and mononucleosis are also more likely to occur than in the blistering reactions [4]. This syndrome has various names including DRESS (drug reaction with eosinophilia and systemic symptoms) and DIHS (drug-induced hypersensitivity syndrome).

Severe skin eruptions such as Stevens Johnson syndrome (SJS) or toxic epidermal necrolysis (TEN) develop in less than 0.5% of patients [5]. They are characterized by blistering affecting less than 10% (SJS), between 10 and 30% (overlap syndrome) and >30% (TEN) of body surface area, associated with mucosal membrane involvement. The most frequently affected mucosal membrane is the oropharynx (mouth ulcers), followed by the eyes (iritis/conjunctivitis) and genitourinary tract [5]. Extra-cutaneous involvement of variable severity is also seen in the blistering conditions [6]. In TEN, epidermal detachment may be extensive, and may affect the entire skin surface. Lesions may continue to erupt in crops for as long as 2 to 3 weeks [7].

Table 1

Drugs used for the treatment of HIV*

NRTI	NNRTI	PI	Fusion inhibitors	CCR5 inhibitors	Integrase inhibitors
Zidovudine	Efavirenz	Lopinavir	Enfuvirtide	Maraviroc	Raltegravir
Stavudine	Nevirapine	Atazanavir			
Lamivudine	Etravirine	Saquinavir			
Emtricitabine		Fosamprenavir			
Tenofovir		Tipranavir			
Didanosine		Darunavir			
Abacavir		Ritonavir			
		Indinavir			

*Drugs no longer used: Delavirdine, Nelfinavir, Zalcitabine, Amprenavir.

Table 2

HIV drugs associated with drug hypersensitivity

Class	Drug	Reaction	Hepatotoxicity	Frequency
NRTI	Zidovudine	Exanthema	Not reported	Rare
	Abacavir	Exanthema, HSR	Elevated LFTs hepatitis, liver failure	2.3–9% [23]
	Emtricitabine	Rash	Elevated LFTs	17% [134]
NNRTIs	Efavirenz	SJS, TEN	Elevated LFTs	0.1% [135]
	Nevirapine	Exanthema,	Elevated LFTs immune mediated hepatitis, liver failure	4.6–20% [129]
		Exanthema,		17–32% [49]
		TEN, SJS, HSR,		0.3–2% [49]
	Etravirine	Rash,	Elevated LFTs	2–10% discontinuation [9]
		SJS, TEN		16% [136]
				2% discontinuation [72]
PIs	Tipranavir	Rash, dyslipidaemia	Elevated LFTs s, toxic hepatitis	2–14% [85]
	Atazanavir	Rash	Hyperbilirubinaemia	2–6.4% [87]
		Rash, HSR	Elevated LFTs	6% [137]
	Lopinavir	Rash	Elevated LFTs	1–19% [79]
	Darunavir	Rash,	Elevated LFTs	Discontinuation <1%
		HSR		2–4% [77]
				6.7% [138]
				Rare
Entry inhibitors	Enfuvirtide	Injection site reactions, HSR	Not reported	Rare
	Maraviroc	Rash, cough,	Elevated LFTs	Rash [91,139]

HSR, hypersensitivity reaction; SJS, Stevens-Johnson syndrome; TEN, toxic epidermal necrolysis; LFTs, liver function tests.

The diagnosis of drug hypersensitivity in HIV patients is based on clinical criteria, but is complicated by the fact that many patients take multiple drugs and develop diseases such as opportunistic infections and immune restoration disease that can make determination of causality difficult. Diagnosis therefore does depend on carefully evaluating the temporal relationship, the effect of dechallenge and rechallenge, and exclusion of other causes. Usually the onset of an allergic reaction is delayed, between 1–6 weeks after commencing the drug. Rash or fever occurring more than 3 months after onset of therapy is almost always due to another agent. As in other conditions, rechallenge with the offending drug can lead to a serious and possibly fatal reaction [7], with the reaction occurring much sooner than on first exposure [8], and thus is rarely attempted. However, it is also important to note that (i) patients can sometimes

be treated through the rash especially when it is mild to moderate and not accompanied by systemic symptoms such as fever or internal organ involvement [9] and (ii) desensitization techniques have been used when there is thought to be a clinical need for a particular agent. This was particularly the case with sulfamethoxazole [10], when it was more widely used for the treatment and/or prevention of opportunistic infections.

Mechanisms

The pathophysiology of drug hypersensitivity in HIV is multifactorial and related to a number of metabolic, immunologic, host and viral factors. Laboratory data showing that drug hypersensitivity is indeed immune mediated



Figure 1

A typical maculopapular exanthema seen in hypersensitivity syndrome caused by antiretrovirals

with data on the involvement of T-cells are now beginning to appear [11], and immunohistological analysis of skin lesions and analysis of the phenotype and functionality of drug-specific T-cell clones from hypersensitive patients [12] providing interesting insights.

The pathway by which drugs are presented *in vivo* is still unclear, with two prevailing hypotheses, the hapten-dependent and hapten-independent pathways. The former hypothesis states that most drugs are chemically inert, but become immunogenic through metabolism to reactive intermediates which are then able to bind covalently or haptenate with proteins [13,14], and are then presented via the HLA molecules to interact with T cells to form an immunological synapse [15]. The hapten-independent or pharmacological interaction (pi) hypothesis states that the parent drug itself interacts with T-cells through a pathway that is major histocompatibility complex (MHC)-restricted, but metabolism independent [13,16]. This implies that some drugs may actually activate T-cells directly by interacting with either the MHC-peptide or T-cell receptor. The ability of T-cells from allergic subjects to proliferate *in vitro* when exposed to the drug in the apparent absence of any metabolism is often used to support this hypothesis [17]. However, whether this is also occurring *in vivo* is unclear, and it is of course possible that both pathways may be important in different circumstances. In addition to the above hypotheses, a non-mutually exclusive mechanism known as the 'danger hypothesis' states that immune response to a drug-derived antigen requires the presence of co-stimulatory signals, including cytokines, to result in a hypersensitivity reaction [11,18].

In the acute phase of drug hypersensitivity syndrome, for instance with co-trimoxazole, T-cells have been shown

to infiltrate the skin [17] and following drug stimulation, CD4+ T-cells secrete cytokines such as IL-5, granzyme and eotaxin which are involved in the recruitment, growth and differentiation of eosinophils [15]. CD4+ T-cells have also been implicated in the hypersensitivity syndrome associated with drugs such as carbamazepine [12–14]. The neutrophil attractant chemokine IL-8 which also kills target cells via both perforin and FAS-mediated pathways is involved in the condition known as acute generalized exanthematous pustulosis [19]. Drug-stimulated T-cells can also kill autologous target cells via the perforin pathway [20]. CD8+ T lymphocytes are primarily responsible for bullous reactions such as SJS and TEN, but have also been implicated in abacavir hypersensitivity [20–22]. An important aspect of the pathogenesis of hypersensitivity to HIV drugs is that of individual susceptibility, in particular the role of HLA alleles. This is covered in the individual sections below.

Nucleoside reverse transcriptase inhibitors (NRTI)

Abacavir (ABC) hypersensitivity reaction occurs in 2.3–9% of adults and children [23] with some differences by ethnicity [24]. The clinical diagnostic criteria for ABC hypersensitivity require at least two symptoms of fever, rash, nausea, vomiting, headache, lethargy, myalgia, arthralgia or gastrointestinal symptoms, occurring within 6 weeks after commencement and resolving within 72 h of withdrawal of the drug. Less common manifestations include respiratory symptoms, paraesthesia, oedema, renal or hepatic failure and anaphylaxis [21].

There is conclusive evidence on several levels that abacavir hypersensitivity has an immunological and genetic basis [25]. Cellular studies have shown strong tumour necrosis factor- α (TNF- α), and interferon- γ (IFN- γ) responses and CD8 proliferation after *ex vivo* exposure to ABC. ABC hypersensitivity seems to be a class I MHC disease mediated by CD8 lymphocytes [26]. The nature of the antigen is, however, unknown. Although proliferation has been witnessed after exposure to the parent drug [27], it is also known that ABC can be oxidized to an aldehyde intermediate mediated by class I alcohol dehydrogenase (ADH), which may be important in the pathogenesis of the hypersensitivity reactions [28].

Case reports of the familial occurrence of ABC hypersensitivity were early clues for a genetic basis for this syndrome [29]. Since that time, an enormous amount of progress has been made in this area with HLA-B*5701 genotyping now being used pre-prescription in most settings, and indeed this represents the best example of translational pharmacogenetics defined to date. Beginning with the first report of the association by Mallal *et al.* in 2002 [26], there has been rapid progress with replication of the genetic association [30–32], demonstration that

Table 3

Genetic associations reported with nevirapine hypersensitivity

Gene	Number studied	Odds ratio	95% confidence interval	P value	Reference
<i>HLA-DRB1*0101</i>	235	4.78	1.55, 14.7	0.01	[27]
<i>HLA-B*3505</i>	332	18.96	4.87, 73.44	4.6×10^{-6}	[59]
<i>HLA-Cw8</i>	41	6.19	1.18, 32.5	0.03	[140]
<i>HLA-Cw*0802 and B*1402</i>	49	14.6	2.4, 88	0.003	[141]
<i>HLA-DRB1*01</i>	21	70.0	3.6, 1,343	0.002	[142]

genetic testing would be cost-effective [32–34], and the demonstration in a randomized controlled trial that pre-prescription genotyping was clinically effective [35]. Observational data from several clinics have shown that the use of the test reduces the incidence of hypersensitivity [36–38], and a change in the drug label with testing is now either mandatory or recommended in different countries.

A meta-analysis of 25 clinical studies involving 5248 participants showed that ethnic origin might influence ABC hypersensitivity, with a lower risk associated with the Black race [39,40]. It was initially thought that HLA-B*5701 did not have clinical utility in non-Caucasians, but this may largely have been due to the lower carriage rates of HLA-B*5701 [31] and most importantly due to the high rate of false positive clinical diagnosis of abacavir hypersensitivity. More recent data using patch testing has shown that HLA-B*5701 as a marker for ABC hypersensitivity has 100% sensitivity in both US White and Black patients suggesting that the test should be used irrespective of race [41].

Other NRTIs namely didanosine, tenofovir and zidovudine may cause allergic reactions such as rash, although these events are relatively rare despite the intensive use of these drugs over many years [42,43]. Emtricitabine (FTC) causes asymptomatic maculae on the palms or soles in 1.5% of patients, which are usually mild (grade 1 severity). FTC also causes increased alanine aminotransferase in 0.9% of patients and increased bilirubin in 0.6% of patients [44], but whether this is immune-mediated is unclear.

Non nucleoside reverse transcriptase inhibitors (NNRTI)

The non-nucleoside reverse transcriptase inhibitors (NNRTIs) delavirdine, efavirenz, nevirapine and etravirine all cause skin rash. The rash associated with NNRTIs is usually erythematous, maculopapular and widespread. Rash with NNRTIs as a class of drugs has been observed in 10–17% of patients [45]. The incidence of moderate to severe rash is approximately 8–12% with rash-related discontinuation rates ranging from 2 to 10% [9,46–48].

Nevirapine can cause skin rash in 17% to 32% of patients although 13% of these are mild rashes [49].

Systemic symptoms may also be present. The DRESS syndrome (drug rash with eosinophilia and systemic symptoms), often accompanied by fever and hepatitis, is well documented with nevirapine [50]. Stevens-Johnson syndrome has been reported in 0.37% of nevirapine recipients [49]. There are some important ethnic differences; for example, nevirapine rash was 2.8 times higher in Thai adults than in White adults [47].

Hepatotoxicity associated with nevirapine has been described in at least two distinct patterns: an early form of liver enzyme elevation that occurs less than 6 weeks after the initiation of therapy and is associated with cutaneous hypersensitivity and a delayed variant that is usually devoid of extra hepatic findings and manifests after more than 2 to 3 months of exposure [51]. There is evidence that the former, but not the latter, type of hepatic injury is immune-mediated [52]. Hepatotoxicity occurs more frequently with nevirapine (1.4–17% of patients) than with efavirenz (1.1–8%) [53–55].

Consistent with the fact that nevirapine-induced skin reactions are immune-mediated is the fact that they occur within 3 months of treatment initiation [56], and are more rapid and severe with nevirapine rechallenge [57]. Furthermore, nevirapine hypersensitivity is associated with higher CD4+ counts while the reaction appears more frequently and is more severe amongst non-HIV-infected individuals receiving prophylactic nevirapine [54]. Furthermore, work by Uetrecht and co-workers in an animal model of nevirapine hypersensitivity has suggested the involvement of the immune system in the pathogenesis of the rash [58]. Taken together, the evidence is consistent with the involvement of a CD4+ dependent, MHC class II restricted immune response directed against NVP or its metabolites. Additionally, genetic studies in different populations have suggested associations with different HLA alleles (Table 3), although it is important to note that most of these studies have been small, the associations demonstrated have been relatively weak, apart from in the Thai population where a stronger association (OR = 49) was demonstrated with HLA-B*3505 [59]. Metabolic polymorphisms may also be important in predisposing to nevirapine hepatotoxicity. For example, associations have been demonstrated with CYP2B6 [60] and ABCB1 [61–63]. Interestingly, nevirapine is metabolized by CYP2B6, and the G516T polymorphism in

this gene significantly influences nevirapine trough concentrations which have been linked with a higher risk of hepatotoxicity [64–66]. However, the relationship between high drug plasma concentrations and the risk of hepatotoxicity is controversial since the high concentrations may correlate with more severe liver disease rather than reflect a dose-related toxicity [56,67].

In patients presenting with delayed hepatotoxicity after starting nevirapine, other mechanisms may be important including direct antiretroviral toxicity, immune reconstitution in those with chronic viral hepatitis, and steatohepatitis caused by NRTIs such as stavudine and metabolic disease [68]. It is also known that alcohol abuse, hepatitis B or C co-infection and concomitant use of other hepatotoxic drugs increases the likelihood of NNRTI associated hepatotoxicity [69].

Efavirenz hypersensitivity is commonly manifested as a mild to moderate skin rash, with severe eruptions such as SJS, TEN and erythema multiforme being reported in 0.1% of patients, compared with 0.3–1% reported with nevirapine [70]. Hepatotoxicity occurs less often with efavirenz. Grade 2–3 events were seen in 4% of patients [51].

Etravirine hypersensitivity manifests as skin rash occurring most often during the second week of therapy and leads to drug discontinuation in 2% of patients [71], with women being at higher risk [72]. In September 2009, the marketing authorization holder issued a dear doctor letter warning about the risk of TEN and DRESS syndrome with this drug based on three cases of severe rash (SJS/TEN) or hypersensitivity [73]. Mild liver enzyme elevation (grade 1–2) may also occur [72]. The mechanism is unknown.

Rilpivirine, also known as TMC278, is undergoing phase III studies in treatment-naïve individuals. In phase II studies, rilpivirine was generally well tolerated. Skin rash was reported in 7.9% of subjects receiving rilpivirine compared with 19.1% of patients treated with efavirenz [74]. Mild liver enzyme elevation and hepatitis were also reported [74].

Protease inhibitors (PI)

Allergic reactions, such as skin rashes and abnormal liver function tests, have also been reported with all protease inhibitors. Rash has been reported in up to 6% of patients taking atazanavir, an azapeptide protease inhibitor [75]. Rash in this case often occurs in association with fever and hyperbilirubinaemia [76]. Lopinavir has been reported to cause rash in 2–4% of patients [77]. Fosamprenavir has been associated with skin rash of varying severity in 19% of patients in clinical studies. However, less than 1% of these were deemed severe or required drug discontinuation [78,79]. More recently, darunavir has been reported to cause rash in 6.7% of patients with severe rash occurring in less than 1% [48,80–82]. The sulphonamide-like structure of fosamprenavir and darunavir seems to influence if not determine the propensity for allergic reactions of these

agents. Sulphonamide hypersensitivity is not an absolute contraindication in these patients, but fosamprenavir and darunavir should be used cautiously in such patients [78,83,84]. Tipranavir was associated with rash in 2–14% of subjects [85] and grade 3 alanine aminotransferase elevations in 6.3% of patients [86,87]. Again, very little mechanistic work has been undertaken with these compounds to ascertain whether these reactions are truly immune-mediated or not.

Entry inhibitors (EI)-fusion inhibitors and CCR5 inhibitors

The new classes of drugs have also been implicated in drug hypersensitivity. Enfuvirtide is a synthetic peptide which binds to HIV-1 gp41, a viral transmembrane protein, preventing the formation of an entry pore and thereby blocking HIV entry. The most common adverse event associated with this drug is a local reaction at the injection site although hypersensitivity reactions have been reported in less than 1% of patients [88].

An increase in liver enzymes was seen in patients receiving maraviroc, a CCR5 co-receptor antagonist in the MOTIVATE trials. However, there were no significant differences seen in grade 3 or 4 abnormalities [89–91], and whether this is an immune-mediated phenomenon is unknown. Hepatotoxicity, seen with the discontinued CCR5 co-receptor antagonist aplaviroc, does not appear to be a class effect [92].

Integrase inhibitors

Few cases hypersensitivity reactions have been reported with raltegravir [93] suggesting that this class of drugs may be safer from this perspective [94].

Drugs for opportunistic infections

Cotrimoxazole (TMP-SMX) used in the treatment of *Pneumocystis jiroveci* pneumonia (previously *Pneumocystis carinii*) in patients with AIDS is associated with allergic reactions. Such reactions are more common in HIV-positive patients being seen in up to 60% compared with 5% of HIV-negative patients [95–97].

The clinical manifestations vary considerably between different patients with urticaria, macular exanthemas, eczematous and fixed drug eruptions, erythema multiforme, and SJS and TEN being the cutaneous manifestations [98], with associated constitutional symptoms. Risk factors that have been identified include a history of syphilis and a higher total plasma protein concentration [97]. Low CD4 count [99] has also been associated with the development of hypersensitivity although this has been in

the context of a higher CD4 : CD8 ratio [100]. It is thought to be related to a decline in T-cell sensitivity to cotrimoxazole with HIV disease progression [100] and possibly a slow acetylator phenotype (but not genotype) [98]. To date, no convincing genetic predisposing factor has been identified [95].

Sulfamethoxazole undergoes oxidation by cytochrome P450 to sulfamethoxazole hydroxylamine [17]. Sulfamethoxazole hydroxylamine is a reactive metabolite and may spontaneously form nitrosulfamethoxazole [101]. It has been shown that the nitroso metabolite binds covalently to host proteins, causing direct cellular toxicity, and that this necrotic cell death may provide a 'danger signal' to sensitized T-cells leading to the cascade of immune response and cytokine release manifesting as drug hypersensitivity [102]. Glutathione deficiency has also been proposed as another predisposing mechanism for TMP-SMX hypersensitivity by resulting in decreased inactivation of the toxic metabolites [103]. The overall pathogenesis seems to be highly complex with metabolic derangements interacting with immunoregulatory factors leading to the clinical manifestations in predisposed individuals [104].

Management

Screening tests

HLA-B*5701 testing prior to starting abacavir has been shown to decrease the incidence of hypersensitivity in several countries [36–38]. Screening prior to starting abacavir treatment is now recommended in international HIV treatment guidelines.

Hypersensitivity associated with nevirapine is more likely to occur at higher CD4 counts. Current guidelines thus recommend that nevirapine should be started only in antiretroviral naive men and women with CD4 counts of less than 400 and 250 cells μL^{-1} , respectively [68]. Patients already receiving antiretrovirals who are virologically suppressed who switch to nevirapine above these CD4 thresholds do not necessarily have a greater risk of hypersensitivity [68].

Symptomatic and supportive treatment

The management of patients must be prompt; early recognition and early diagnosis are vital. For patients with mild symptoms, the best form of management is supportive care. Guidelines advise that patients with mild or moderate rash in the absence of constitutional symptoms can continue nevirapine therapy under close supervision [105,106]. About 50% of antiretroviral hypersensitivity cases, those with isolated mild to moderate skin rash, resolve spontaneously despite continuation of therapy [107]. The effectiveness of supportive measures such as antipyretics and antipruritics is unproven, but such agents are commonly used.

When to discontinue drugs

Therapy should be stopped if there is mucosal involvement, blistering, exfoliation, an elevation in ALT > five times the upper limit of normal or elevation in transaminases associated with symptoms such as jaundice and upper abdominal pain, fever greater than 39°C, or intolerable pruritus. It is also important to note that in abacavir hypersensitivity, rash may be a late or absent feature, and discontinuation should be based on progressive constitutional symptoms [108]. Reactions may worsen temporarily after cessation of drug therapy, particularly with drugs with longer half-lives such as nevirapine [45].

Specific treatment

Treatment of patients with corticosteroids within the first 24 h of TMP-SMX hypersensitivity has been shown to be of benefit [109]. By contrast, the prophylactic use of corticosteroids or antihistamines to prevent hypersensitivity reactions to nevirapine has not been shown to be of benefit, and could in fact increase the risk of developing the rash [110–112]. There have been case reports of successful treatment of allergic cases with intravenous immunoglobulins in TEN and DRESS [113,114]. Oral and intravenous N-acetylcysteine have also been used [115,116] but this cannot be recommended at present until better randomized data are available.

Diagnosis and clinical tests

Some degree of over-diagnosis may deprive the patient of a potentially valuable therapy but may be necessary to maintain the clinical safety of a drug (as per ABC). Over-diagnosis (or inaccurate clinical phenotyping) may clearly also contribute to the difficulty in undertaking pharmacogenetic/genomic studies and other studies examining the immunopathogenesis of hypersensitivity reactions. Patch testing (Figure 2), involving the application of 1% and 10% concentrations of ABC applied to the skin in petrolatum has been successfully used to identify correctly true immune mediated ABC hypersensitivity reactions, and may represent a useful adjunctive method for confirming suspected ABC hypersensitivity [25,117,118]. However, the use of patch testing is not widespread, and even with ABC hypersensitivity, the predictive value of testing has not been ascertained. Lymphocyte transformation tests have also been used with a number of drugs associated with hypersensitivity in HIV patients including SMX [119], ABC [25] and nevirapine [52]. However, this is very much a research tool, and not a clinically validated test.

Desensitization and rechallenge

The morbidity and mortality associated with ABC hypersensitivity occurs mainly with rechallenge and therefore a history of hypersensitivity to ABC is an absolute contraindication to subsequent treatment with any ABC-



Figure 2

Patch testing has been used with some drugs such as abacavir to confirm the clinical diagnosis of hypersensitivity

containing formulation [21,120]. Even a negative patch and HLA-B*5701 test should not be used as ground for rechallenge in a patient who has experienced a clinical syndrome in keeping with ABC hypersensitivity [121–123]. Desensitization is unstudied and, although useful for sulphonamide hypersensitivity, may be inappropriate for antiretroviral hypersensitivity, since it would necessitate a period of subtherapeutic drug concentrations leading to the development of drug resistance. That said, desensitization has been used with some success to re-initiate the drug in patients who have experienced an allergic reaction to zidovudine [43] and enfurvitide [88]. Since its safety is not established, NNRTI rechallenge should be medically observed, preferably in hospital, and is contraindicated when there is internal organ involvement. Desensitization protocols exist for hypersensitivity reactions to tipranavir [124], amprenavir [125], darunavir [126], efavirenz [127] and have been tried with nevirapine [128].

Cross reactivity

The rate of NNRTI cross-sensitivity is not known, and so new NNRTI therapy in patients with prior severe hypersensitivity to another NNRTI should also be monitored. Switching from nevirapine to efavirenz and *vice versa* following cutaneous hypersensitivity was associated with a recurrence of severe rash although the evidence for this comes from small retrospective cases [129–131]. Cross-reactivity is reported to be higher between nevirapine and delavirdine which have a similar structure, but delavirdine is no longer used for the treatment of HIV disease due to its toxicity profile [132].

Conclusions

Drug hypersensitivity is common in those living with HIV and its pathophysiology is complex and multifactorial. Early recognition and withdrawal of the drug is essential particularly in those with the more severe reactions. Further research is also needed to identify predisposing factors including the development of predictive biomarkers, as shown so beautifully with ABC hypersensitivity in the PREDICT trial [133], which will allow for better stratification of anti-HIV therapy. More studies are also needed to understand the mechanisms of antiretroviral hypersensitivity so that better strategies for prevention and treatment can be defined. The importance of this is emphasized by the fact that allergic reactions with anti-HIV drugs are not restricted to the older compounds, and will thus continue to be a clinical problem.

Competing interests

There are no competing interests to declare.

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